

Face to Face Befriender Role Description

To offer regular face to face befriending to isolated older clients in their own home whilst working within the boundaries laid down by West Norfolk Befriending.

Tasks

- Visit the client fortnightly on a pre agreed day and time, and encourage good quality social interaction.
- Respect client's confidentiality at all times.
- Establish and maintain appropriate boundaries.
- Complete and regularly return diary sheets. Immediately inform your manager of any wellbeing or safety concerns about the client.
- Respect different cultural and religious values, working in a non-discriminatory manner
- To work within the boundaries laid down by West Norfolk Befriending.

Skills

- Listening skills.
- Enjoyment of social contact.
- Ability to motivate/encourage others.
- Sense of humour.
- Honesty and reliability.
- Patience, empathy and understanding.
- To be non-judgmental.

Availability

- Willingness to visit fortnightly at a pre-agreed time.
- Befriending occurs at a suitable time for both the volunteer and client within office hours (not evenings, weekends or bank holidays).
- To volunteer for a minimum of one year.

Location

- Across West Norfolk in the client's home.

Support & Training

- Initial induction training.
- On-going supervision and support.
- Monthly team support meetings

Expenses

- Agreed transport expenses may be claimed.



West Norfolk Befriending works with socially isolated older people living in West Norfolk and aims to reduce isolation and improve overall health.

Charity number: 1111735